

ADULT LEARNING AT ZION

Starting
Fall 2022



SMALL GROUP STUDIES

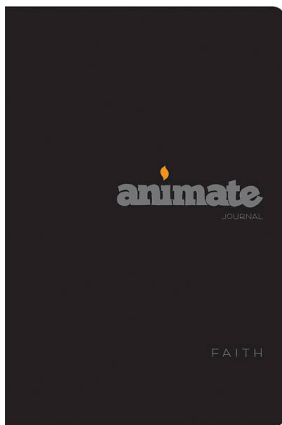
Animate: Faith published by Spark House

Starting the week of September 19 we will begin a seven-week small group study entitled: *Animate: Faith* published by Spark House. In each *Animate: Faith* session, the group will watch a video featuring a leading voice from the Christian faith, spend time on reflection and journaling, and share discussions with the group. Along with watching the DVD, we will also use the *Animate Faith Journal*, which is an interactive journal where participants can delve deeper and reflect on animate session content.

Small groups will meet Monday afternoons, Tuesday mornings, Wednesday morning and Wednesday evening, and Thursday afternoon (via Zoom). You can sign up for a small group and buy the journal at the front desk for \$15.

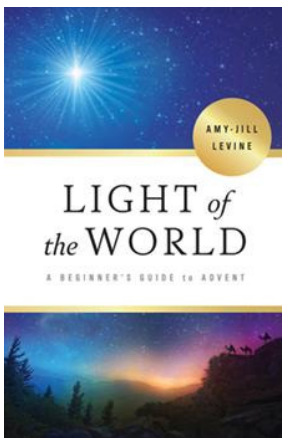
Here's the schedule:

- Week of Sep 19: God | Faith Is a Quest presented by Brian McLaren
- Week of Sep 26: Religion | Spirituality is Not Enough by Lillian Daniel
- Week of Oct 3: Jesus | The Revolution of Love by Mark Scandrette
- Week of Oct 10: Salvation| Abundant Life Now by Shane Hipps
- Week of Oct 17: Cross | Where God Is by Nadia Bolz-Weber
- Week of Oct 24: Bible | A Book Like No Other by Lauren Winner
- Week of Oct 31: Church | An Imperfect Family by Bruce Reyes-Chow



Light of the World by Amy-Jill Levine

Starting the Week of November 2 we will begin a four-week Advent study called: *Light of the World* by Amy-Jill Levine. In *Light of the World: A Beginner's Guide to Advent*, author, professor, and biblical scholar Amy-Jill Levine explores the biblical texts surrounding the story of the birth of Jesus. Join her as she traces the Christmas narrative through the stories of Zechariah and Elizabeth, Mary, the journey to Bethlehem, and the visit from the Magi. These stories open conversations around connections of the Gospel stories to the Old Testament, the role of women in first-century Jewish culture, the importance of Mary's visitation and the revolutionary implications of Mary's Magnificat, the census and the stable, and the star of Bethlehem and the flight to Egypt.



WELCOME

We invite you to come experience God's love at Zion Lutheran Church.

CONTACT US

1601 4th Avenue
Anoka MN 55303
763.421.4656
www.zionanoka.org

OFFICE HOURS

M-TH: 9:00 AM - 5:00 PM
FRI: 9:00 AM - NOON
SUN: 8:00 AM - NOON

Small Group Studies - cont'd

Small groups meet Monday afternoons, Tuesday mornings, Wednesday morning and Wednesday evening, and Thursday afternoon (via Zoom). You can sign up for a small group and buy the book at the front desk for \$10.

- Week of November 21: The Meaning of Memory
- Week of November 28: The Promise of Potential
- Week of December 5: The Journey to Joy
- Week of December 12: The Gifts of the Gentiles

Adult Forum Schedule

Sundays 10:00 AM
Fellowship Hall

Starting in September, Zion's adult forums will have an exciting lineup of speakers and topics. Here is the schedule through December.

(Wednesday) September 14: A Peace of My Mind – Virtual Program

Over the summer, Zion helped sponsor John Noltner as he gathered stories of faith and justice for his new series A Peace of My Mind. John invites us to join him for a virtual program on September 14 at 7 PM as he shares some of the stories and insights he encountered. You can register for the free session by calling the church office 763-421-4656 or emailing Pastor Connie ctiede@zionanoka.org.

September 18: A Peace of My Mind part 1

Join us for a three-session series based on content from John Noltner's project A Peace of My Mind.

September 25: A Peace of My Mind part 2

October 2: A Peace of My Mind part 3

October 9: Stewardship Forum

October 16: In the Dust of the Rabbi: When the Rabbi Says, "Come"

Do you ever feel like you are a follower of Jesus, but from a distance? "Follow a Rabbi, drink in his words, and be covered with the dust of his feet," says the ancient Jewish proverb. In Jesus' day, disciples followed their Rabbi so closely that they would be covered with the dust kicked up by the Rabbi's feet. In this 5 session DVD study by Ray Vander Laan you will discover how you can get dusty and be closer to your Rabbi, Jesus, by doing what he does.

October 23: In the Dust of the Rabbi: When the Rabbi Says, "Go"

October 30: In the Footsteps of Martin Luther

Presented by Pastor Brent from his trip to Germany

November 6: In the Dust of the Rabbi: The Presence of God: A Countercultural Community

November 13: In the Dust of the Rabbi: Living Stones

November 20: Grief and the Holidays

Led by Pastor Sue

November 27: In the Dust of the Rabbi: The Very Words of God

December 4: Managing Family Stress during the Holidays

Led by Pastor Sue

December 11: Holiday Trivia

December 18: No Forum

December 25: No Forum

Support Groups

• North Metro Grief Support Group

A special weekly seminar and support group that offers help and encouragement after the death of a spouse, child, family member or friend. These meetings are open to anyone who has suffered the loss of a loved one, or knows someone who has. Meetings are on Thursdays, October 13 - November 17, from 6:45-9:00 PM at Anoka United Church of Christ. Contact Pastor Sue Wallager for more information at swallager@zionanoka.org.



• Divorce Care Group - resumes on Monday, September 19

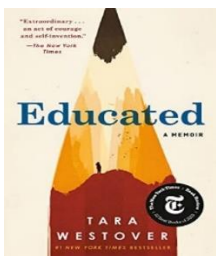
The group meets Mondays from 7:00-8:30 PM in the Legacy Room facilitated by Sandy Wallace. Contact Sandy for more information at sandywallace@yahoo.com.

Zion Pages Book Group

Mondays 6:30 PM
Theater

If you have questions or wish to participate contact Pastor Sue at swallager@zionanoka.org.

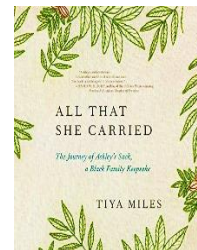
October 24 - *Educated: A Memoir* by Tara Westover



Born to survivalists in the mountains of Idaho, Tara Westover was seventeen the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when one of Tara's older brothers became violent. When another brother got himself into college, Tara decided to try a new kind of life. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled too far, if there was still a way home.

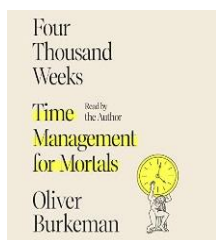
November 28 - *All That She Carried: The Journey of Ashley's Sack, a Black Family Keepsake* by Tiya Miles

In 1850s South Carolina, an enslaved woman named Rose faced a crisis: the imminent sale of her daughter Ashley. Thinking quickly, she packed a cotton bag for her with a few items, and, soon after, the nine-year-old girl was separated from her mother and sold. Decades later, Ashley's granddaughter Ruth embroidered this family history on the sack in spare, haunting language. Historian Tiya Miles carefully traces these women's faint presence in archival records, and, where archives fall short, she turns to objects, art, and the environment to write a singular history of the experience of slavery, and the uncertain freedom afterward, in the United States. *All That She Carried* is a poignant story of resilience and love passed down against steep odds. It honors the creativity and resourcefulness of people who preserved family ties when official systems refused to do so, and it serves as a visionary illustration of how to reconstruct and recount their stories today



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January 23 - *Four Thousand Weeks – Time Management for Mortals* by Oliver Burkeman

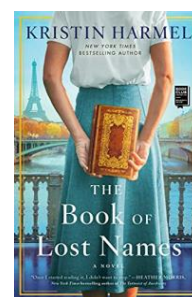


The average human lifespan is absurdly, insultingly brief. Assuming you live to be eighty, you have just over four thousand weeks. Nobody needs telling there isn't enough time. We're obsessed with our lengthening to-do lists, our overfilled inboxes, work-life balance, and the ceaseless battle against distraction; and we're deluged with advice on becoming more productive and efficient, and "life hacks" to optimize our days. But such techniques often end up making things worse. The sense of anxious hurry grows more intense, and still the most meaningful parts of life seem to lie just beyond the horizon. Still, we rarely make the connection between our daily struggles with time and the ultimate time management problem: the challenge of how best to use our four thousand

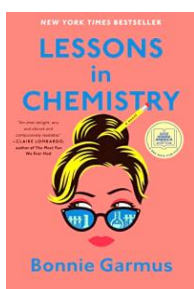
weeks. Drawing on the insights of both ancient and contemporary philosophers, psychologists, and spiritual teachers, Oliver Burkeman delivers an entertaining, humorous, practical, and ultimately profound guide to time and time management. Rejecting the futile modern fixation on "getting everything done," *Four Thousand Weeks* introduces listeners to tools for constructing a meaningful life by embracing finitude, showing how many of the unhelpful ways we've come to think about time aren't inescapable, unchanging truths, but choices we've made as individuals and as a society - and that we could do things differently.

February 27 - *The Book of Lost Names* by Kristin Harmel

Eva Traube Abrams, a semi-retired librarian in Florida, is shelving books when her eyes lock on a photograph in the *New York Times*. She freezes; it's an image of a book she hasn't seen in more than sixty years—a book she recognizes as *The Book of Lost Names*. The accompanying article discusses the looting of libraries by the Nazis across Europe during World War II—an experience Eva remembers well—and the search to reunite people with the texts taken from them so long ago. The book in the photograph, an eighteenth-century religious text thought to have been taken from France in the waning days of the war, is one of the most fascinating cases. Now housed in Berlin's Zentral- und Landesbibliothek library, it appears to contain some sort of code, but researchers don't know where it came from—or what the code means. Only Eva holds the answer, but does she have the strength to revisit old memories? As a graduate student in 1942, Eva was forced to flee Paris and find refuge in a small mountain town in the Free Zone, where she began forging identity documents for Jewish children fleeing to neutral Switzerland. But erasing people comes with a price, and along with a mysterious, handsome forger named Rémy, Eva decides she must find a way to preserve the real names of the children who are too young to remember who they really are. The records they keep in *The Book of Lost Names* will become even more vital when the resistance cell they work for is betrayed and Rémy disappears. An engaging and evocative novel reminiscent of *The Lost Girls of Paris* and *The Alice Network*, *The Book of Lost Names* is a testament to the resilience of the human spirit and the power of bravery and love in the face of evil.



March 27 – *Lessons in Chemistry* by Bonnie Garmus



Chemist Elizabeth Zott is not your average woman. In fact, Elizabeth Zott would be the first to point out that there is no such thing as an *average* woman. But it's the early 1960s and her all-male team at Hastings Research Institute takes a very unscientific view of equality. Except for one: Calvin Evans; the lonely, brilliant, Nobel-prize nominated grudge-holder who falls in love with—of all things—her mind. True chemistry results. But like science, life is unpredictable. Which is why a few years later Elizabeth Zott finds herself not only a single mother, but the reluctant star of America's most beloved cooking show *Supper at Six*. Elizabeth's unusual approach to cooking ("combine one tablespoon acetic acid with a pinch of sodium chloride") proves revolutionary. But as her following grows, not everyone is happy. Because as it turns out, Elizabeth Zott isn't just teaching women to cook. She's daring them to change the status quo. Laugh-out-loud funny, shrewdly observant, and studded with a dazzling cast of supporting characters, *Lessons in Chemistry* is as original and vibrant as its protagonist.

April 24 – *Boundary Waters Search and Rescue Beyond Belief* by Joy Harding (Minnesota Author)

Trauma surgeon and co-founder of the Boundary Waters Search and Rescue Unit, Jack Lockwood, was beyond frustrated... A century blizzard, impassable roads, and gale force winds start Jack's Monday off the wrong way long before daybreak. To make matters worse, his friend and colleague—the police chief of Ely, Minnesota—orders him to stay home on a morning when the weather virtually guarantees injuries requiring Jack's skills. Little did he realize that he wouldn't need to go anywhere to save a life that morning. His next rescue would be in his own front yard, where he finds a half-frozen, gravely injured woman buried in a snowdrift. A woman who needs his help to stay alive long enough to tell her story—why she was out in this kind of weather—bound, battered, and bleeding.

